

STA your way...

District 360 STA/Respite getaways are custom designed to bring you unique experiences.



FIND YOUR PASSION

Do things you always wanted to do and have experiences you have wanted to have.



PICK YOUR LOCATION

Tell us where you want to go and where you want to stay.



SELECT YOUR ACTIVITIES

Plan the activities you want to explore with your support worker. What activities that we can support you to build capacity?

What is STA/Respite? STA/respite allows the opportunity for the participant to be supported by someone else whilst providing their carer with short term breaks from their usual caring responsibilities. The support items include all expenses in a 24-hour period including assistance with self-care or community access activities, accommodation, food and negotiated activities.

How does it work? We sit down with you and you tell us what you want to experience. Starting with where you would like to stay, what activities you would like to undertake and what skills you would like to build. After all this is all about you!

Call us today 1800 411 818